SALISBURY STATE UNIVERSITY

1994-95

WOMEN'S BASKETBALL

SEASON OUTLOOK

With nine returnees and four starters among her 11 players, Coach Bridget Benshetler has perhaps her most experienced squad ever in her fifth season at Salisbury State. Fortunately, that experience is well spread throughout the lineup, affording the Sea Gulls good balance between the frontcourt and the back, with sound depth off the bench to support the starting unit.

Senior center **Kim Roth**, last year's leading scorer (16.0 ppg) and rebounder (15.2 rpg), will once again serve as the steady leader of the frontcourt. Roth needs just 153 points and 18 rebounds to reach the 1,000 milestone in each category. She would become just the second SSU player to achieve that unique combination.

Joining Roth on the frontline is three-year starter **Amy Fenzel**, coming back after a knee injury cut short her junior season. Fenzel missed the final 17 games last year after averaging 12.0 ppg and 7.8 rebounds through the first month. Benshetler, for one, does not underestimate the senior's impact: "I'm very happy to have Amy back. She not only gives us more scoring and rebounding punch, but she also solidifies our full-court defense. She's quicker than she's ever been."

Lindee Sisk, a junior transfer from Anne Arundel CC, should make an immediate impact and may claim a bulk of the playing time at the other forward position. Sophomore **Tessa Bond** (2.8 ppg) offers further flexibility along the frontline with the ability to play both forward and center. Sophomores **Shawna Lidsky** and **Becky Keller** will also contribute.

Junior **Nicole Urban**, who started 20 games last year, moves into the sixth-person role. Urban, who averaged 8.0 ppg and 5.1 rpg, can be utilized at either forward position or in the backcourt. Sophomore **Kristi Kauffman** (14.5 ppg) returns as the two-guard with large expectations following a strong freshman campaign. Junior **Kim Smith** is her primary backup.

"Kristi is probably the best all-around player that we have," said Benshetler. "She's very versatile and she can score inside as well as outside."

The biggest change in this year's lineup appears to be at point guard, where junior **Ava Tasker** assumes the starter's duties. Tasker was used primarily at the off-guard position last year, but should be able to utilize her outstanding athleticism in adjusting to the new role. Benshetler may also look to Sisk, Urban and sophomore **Erin Knode** in that position.

The Gulls are expected to slow the pace a bit from their full-court, up-tempo style of the last few seasons. Benshetler feels a balanced attack will serve her team better this year.

"We'll still run, but we'll have more of a half-court game this year," she said. "We want to score inside first and use the 15-foot jumper as the second option. Our style will be a little different, but we've got good depth and everybody's in great shape."

The Sea Gulls begin their first season of eligibility in the eight-team Capital Athletic Conference this year, and are picked to finish fifth in the preseason CAC coaches poll.

Benshetler, coming off a 7-15 season last year, feels her team is capable of even more.

"A winning season is our first goal," she said, "but I think we have the ability to be in the top half of the conference. I feel we can beat any of these teams."

COACHING STAFF

Bridget Benshetler serves for her fifth season as head coach of the Salisbury State University women's basketball program. Highly motivated and spirited, Benshetler brings an attitude of enthusiasm and energy to every Sea Gull game and practice.

Benshetler, 39-57 overall at SSU, is a firm believer in teaching the fundamentals of the game and constantly stresses the basics to her squads. She also works hard in the offseason to promote women's basketball throughout the Eastern Shore, giving time to several clinics and camps designed specifically for girls in the region.

Prior to taking the reins at SSU in 1990, Benshetler initiated and piloted the women's basketball program at Penn State University, Delaware County. She also served as a volunteer assistant at West Chester University.

Originally from Texas, Benshetler is a 1986 graduate of Hofstra (NY) University, where she was a four-year scholarship member of the basketball team. She earned her M.S. in health and physical education from West Chester University in 1990. Benshetler is also a full-time instructor in SSU's physical education department.

Assistant Coach
Suzette Thom

Assistant Coach
Calvin Burrell

QUICK FACTS

Location	Salisbury, Maryland
Founded	1925
Enrollment	6,045
President	Dr. Thomas E. Bellavance
Colors	Maroon and Gold
Nickname	Sea Gulls
Affiliation	NCAA Division III, ECAC
Conference	Capital Athletic Conference (CAC)
Home Arena	Maggs Center
Capacity	2,000
Athletics Director	Dr. Michael P. Vienna
Athletics Dept. Phone	(410) 548-3503
Sports Information Director	G. Paul Ohanian
SID Phone	(410) 543-6016
Head Coach	Bridget Benshetler
Alma Mater	Hofstra '86
Record at SSU/Years	39-57/fifth year
Overall Record	Same
Phone	(410) 543-6003
Assistant Coaches	Suzette Thom, Calvin Burrell
1993-94 Record	7-15
Lettermen Returning/Lost	9/6
Starters Returning	4
Captains	Amy Fenzel, Kim Roth

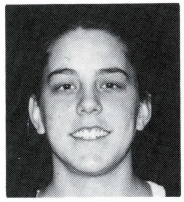
SEA GULL ROSTER

No.	Name	Pos	Yr	Hgt	Hometown	High School
14	Ava Tasker	G	Jr	5-6	Annapolis, MD	Broadneck
15	Kim Smith	G	Jr	5-6	Owings, MD	Southern
20	Erin Knode	G	So	5-5	LaPlata, MD	LaPlata
21	Tessa Bond	F/C	So	5-10	Olney, MD	Sherwood
22	Lindee Sisk	G/F	Jr	5-8	Lothian, MD	Southern
23	Amy Fenzel	F	Sr	5-10	Jefferson, MD	Brunswick
24	Kristi Kauffman	G	So	5-8	Sinking Spring, PA	Wilson
31	Becky Keller	F	So	5-8	Salisbury, MD	Parkside
33	Nicole Urban	F	Jr	5-6	Salisbury, MD	Parkside
35	Shawna Lidsky	F	So	5-9	Keyport, NJ	Marlboro
45	Kim Roth	C	Sr	6-0	Leesport, PA	Schuykill Valley

HEAD COACH: Bridget Benshetler, fifth year
ASSISTANTS: Suzette Thom, Calvin Burrell

RETURNING PLAYERS TO WATCH

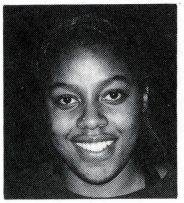
Amy Fenzel
Forward
5-10 Senior Jefferson, MD
Returns in full health after missing most of last season due to a knee injury...Has been a steady contributor during her first three years...She was averaging 12.0 ppg and 7.8 rebounds last season prior to being injured...She averaged 12.7 ppg and 8.2 rpg as a sophomore...Has been an impact player since she joined the program...Will serve as a team captain this year.



Kristi Kauffman
Guard
5-8 Sophomore Sinking Spring, PA
Made a terrific impact as a freshman last season, starting 21 of 22 games and finishing second in scoring with 14.5 ppg...Also averaged 5.0 rpg from her backcourt position...Will once again serve as the team's primary perimeter scoring threat...She registered 22 of SSU's 30 three-point field goals last season...A good all-around athlete who also served as the starting goalie on the women's soccer team.

Kim Roth
Center
6-0 Senior Leesport, PA
A record-setting performer who is on pace to become the second player in the program's history to score 1,000 points and record 1,000 rebounds...Averaged 15.2 rebounds last year after posting a 14.8 average the year before...Her 340 rebounds in 1992-93 were the second highest single-season total by a Sea Gull...Also led SSU in scoring last year with 16.0 ppg...Plays hard at both ends of the court...Truly leads by example and will be a team captain this year.

Nicole Urban
Forward
5-6 Junior Salisbury, MD
A fundamentally sound yet versatile player who can play any position on the floor...Averaged 8.0 ppg and 5.1 rpg last year after tallying 5.8 points and 4.6 rebounds as a freshman...Works hard on conditioning and strength training in the offseason...Another good all-around athlete who also plays soccer and softball for the Sea Gulls.



Ava Tasker
Guard
5-6 Junior Annapolis, MD
Making the transition to point guard this season after serving primarily in the off-guard position last year...An exceptional defender who may also be the quickest player on the team...Has excellent footwork due in large part to her strong soccer background...Also has the ability to provide some outside scoring.

THE RECORDBOOK

Individual Records

Most Points

Game	40	Dawn Webb vs. Shenandoah	1-28-89
	39	Sandy Jankevicius vs. Mary Washington	12-5-89
	38	Gail Tatterson vs. Towson State	3-4-77
	38	Jennifer Boone vs. Christopher Newport	11-26-91
Season	597	Dawn Webb	1988-89
Career	1503	Dawn Webb	1985-89

Most Rebounds

Game	32	Kim Roth vs. Lynchburg	12-16-93
Season	480	Dawn Webb	1988-89
Career	1254	Dawn Webb	1985-89

Most Assists

Game	15	Vicki Miller vs. Lincoln	2-13-90
	15	Diana DeJesus vs. Rutgers/Camden	2-19-86
Season	209	Diana DeJesus	1985-86
Career	554	Diana DeJesus	1982-86

Most Three-Point Field Goals Made

Game	7	Gini McDowell vs. West Chester	2-3-92
	7	Jennifer Boone vs. Cabrini	1-25-92
Season	50	Sandy Jankevicius	1989-90
	49	Jennifer Boone	1991-92
Career	97	Christie Ivison	1988-91

Most Steals

Game	12	Jennifer Daly vs. Jersey City	11-24-91
	12	Vicki Miller vs. Shenandoah	1-16-91
Season	144	Vicki Miller	1990-91
Career	368	Vicki Miller	1987-91

Most Field Goals Made

Game	17	Josie Harper vs. UMES	1-18-83
Season	239	Dawn Webb	1988-89
Career	554	Josie Harper	1979-83

Team Single Game

Most Points Scored	109 vs. Coppin State	12-6-74
Fewest Points Allowed	12 vs. Coppin State	12-6-74
(before 1974)	0 vs. Villa Julie	3-3-62
Largest Margin of Victory	97 points vs. Coppin State	12-6-74
Fewst Points Scored	33 vs. Towson State	1-24-78
(before 1974)	12 vs. Bridgewater	2-12-65
Most FGs Made	50 vs. Coppin Sstate	12-6-74
Best FG Percentage	.621 vs. Stockton State	2-22-86
Most Free Throws Made	33 vs. Catholic	3-1-85
Most Free Throws Attempted	49 vs. Catholic	3-1-85
Best Free Throw Percentage	.917 (11-12) vs. Stockton State	2-22-86
Most 3-Point FGs Made	10 vs. West Chester	2-4-92
Most 3-Point FGs Attempted	34 vs. York (PA)	2-21-89
Best 3-Point FG Percentage	.750 (6-8) vs. Lebanon Valley	12-3-89
Most Rebounds	77 vs. Jersey City State	11-24-91
Most Assists	32 vs. Rutgers/Camden	2-19-74
Most Steals	39 vs. Jersey City State	11-24-91
Most Blocked Shots	9 vs. Frostburg State	1-21-86

SSU'S ATHLETICS PHILOSOPHY

Salisbury State University, a member of the National Collegiate Athletic Association's (NCAA) Division III, offers 19 intercollegiate sports for men and women. In addition to NCAA membership, SSU competes as a member of the Capital Athletic Conference (CAC) and the Eastern College Athletic Conference (ECAC).

As a member of the NCAA's Division III, Salisbury State places the highest priority on the overall quality of the educational experience. In doing so, it seeks to strengthen the integration of objectives and programs in athletics with academic and developmental objectives, and to assure the integration of athletes with other students.

SSU places special importance on the impact of athletics on the participants, with emphasis on the internal constituency (students, alumni and special friends) rather than on the general public and its entertainment needs.

The Salisbury State University athletics program is further characterized by the following principles:

* Participants receive the same treatment as other students. They have no unique privileges in admission, academic advising, course selection, grading, living accommodations or financial aid. Similarly, athletes are not denied rights and opportunities that would be available to them as non-athletes.

* Sports for men and women are given equal emphasis and the desired quality of competition is similar in all sports.

* Students are supported in their efforts to reach high levels of performance by providing them with adequate facilities, competent coaching and appropriate competitive opportunities with students from similar institutions.

* SSU strives to make the student-athlete's participation in intercollegiate athletics an enriching experience, and holds genuine concern for each participant's welfare. The intercollegiate program's foremost goal at all times is to supplement and enrich the first priority of the University, which is academic accomplishment.

1994-95 SCHEDULE

Date	Opponent	Site	Time
November			
18-19	Virginia Wesleyan Tourney	Norfolk, VA	5:30
	(SSU vs. NC Wesleyan)	Consolation/	2/4
	(Chowan vs. VA Wesleyan)	Championship	
22	Christopher Newport	Newport News, VA	6
December			
2-3	SEA GULL CLASSIC	Home	6
	(Barton vs. Waynesburg)	Consolation/	
	(SSU vs. Wesley)	Championship	1/6
6	Catholic*	Washington, D.C.	6
10	MARYMOUNT*	Home	5:30
January			
7	GOUCHER*	Home	4
9	TRENTON STATE	Home	
6			
11	Marymount*	Arlington, VA	6
14	MARY WASHINGTON*	Home	5
17	YORK*	Home	6
19	NOTRE DAME (MD)	Home	7
21	Gallaudet*	Washington, D.C.	4
23	Wesley	Dover, DE	6
26	Frostburg State	Frostburg, MD	6:30
28	ST. MARY'S*	Home	5:30
February			
2	CATHOLIC*	Home	5
4	GALLAUDET*	Home	5
7	York*	York, PA	6
11	Mary Washington*	Fredericksburg, VA	4
14	St. Mary's*	St. Mary's City, MD	6
16	ROWAN	Home	6
18	Goucher*	Towson, MD	5:30
21-25	CAC Tournament	TBA	

*CAC Opponent Home Games in CAPS